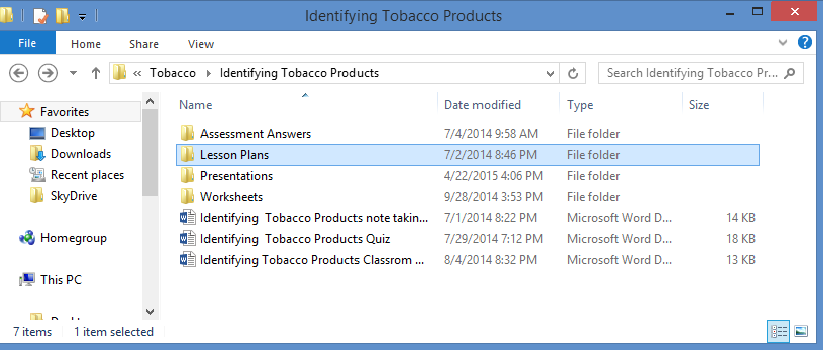
**Instructions for Using the Lessons**

Thank you for purchasing products from Health Lessons Direct. This document file will give you a basic understanding of what you can do with these lesson(s) and how they can be applied to your classroom. Every lesson has multiple tools you can use which will help enhance learning and the overall classroom experience for your students. Keep in mind that this file is just a guide and you may use these tools any way you wish.

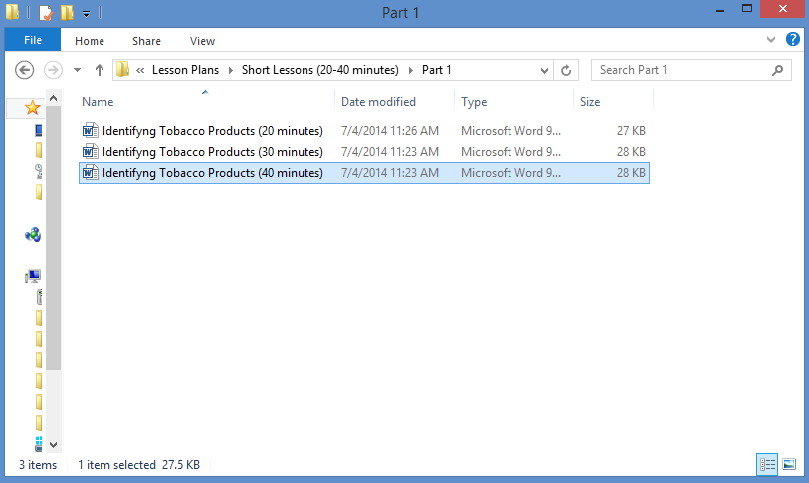
When you first open the folder, you will see the following subfolders and files that you can peruse through at your own convenience:



1. After exploring the different files, you can pick the ones you feel will add to your lesson or you can use all of them systematically. To begin, you should start with the lesson plans folder and choose a lesson plan that fits the amount of time you have to teach one class. For example, if you have 40 minutes to teach a class, you will choose the lesson plan that says 40 minutes. If you have a lesson that must be taught in 50 minutes, then use the lesson plan that says 50 minutes.

Short lessons under 50 minutes are broken up into two parts. If your lesson is less than 50 minutes start with the folder labeled “Part 1” first. Use the lesson plans in the folder labeled “Part 2” as a follow up lesson for a future class.

You can also mix it up and use a 20 minute presentation of tobacco with a 20 minute presentation from another lesson if you do not want to spend too much time on a particular topic.



1. When reading through the lesson plan look at the “materials” section to see what you will need to teach the lesson. The “procedure” section is to help you use the materials in sequence so that you can effectively teach your lesson in the time allotted. Remember, the lesson plans are only guidelines to help you teach the lesson and can be modified to meet your preferences. All the materials are found within the folder you downloaded.

